## Introduction

Students face various difficulties in their learning environments and need tools to handle such challenges. Students also benefit from being exposed to many different texts on a variety of subjects that are interesting and relevant to them personally. Thus, being inspired by listening/speaking lessons and research made by two previous graduate students in the MA TESOL program at Brigham Young University, a supportive group and I created additional content-based reading materials for English language learning incoporating positive psychology interventions. The reading passages chosen were prepared with this goal in mind: to integrate purposeful topics with reading skills for greater student success and well-being.

This book contains rationale and references explaining why the selected materials were created, a section with reading materials available for classroom use, and instructions on how you can further contribute to the book by creating additional materials.





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