Experiencing Gratitude

"When you arise in the morning give thanks for the food and for the joy of living. If you see no reason for giving thanks, the fault lies only in yourself." —Tecumseh. "Gratitude is the beginning of wisdom. Stated differently, true wisdom cannot be obtained unless it is built on a foundation of true humility and gratitude." —Gordon B. Hinckley

"When you arise in the morning give thanks for the food and for the joy of living. If you see no reason for giving thanks, the fault lies only in yourself."

-Tecumseh

"Gratitude is the beginning of wisdom. Stated differently, true wisdom cannot be obtained unless it is built on a foundation of true humility and gratitude."

-Gordon B. Hinckley

Lesson Plans on Gratitude:

Experiencing Gratitude - Intermediate Low

Experiencing Gratitude - Intermediate High



This content is provided to you freely by EdTech Books.

Access it online or download it at https://edtechbooks.org/PositivePsychologyintheClassroom/gratitude.