

## Books

Achor, S. (2011). *The happiness advantage: The seven principles of positive psychology that fuel success and performance at work*. Ebury Publishing.

Bates, M. & Boren, D. M. (2019). *Assessing wellbeing in schools*. EdTech Books. <https://edtechbooks.org/wellbeing>

Brackett, M. (2019). *Permission to feel: Unlocking the power of emotions to help our kids, ourselves and our society thrive*. Celadon Books.

Norrish, J.M. (2015). *Positive education: The Geelong Grammar School journey*. OUP Oxford.

Seligman, M. (2011). *Flourish: A visionary new understanding of happiness and well-being*. New York: Simon & Schuster.

Tough, P. (2012). *How children succeed: Grit, curiosity and the hidden power of character*. RH Books.



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