

Flourish Model

Recently, the Flourish Project, a non-profit community interest company (CIC), and researchers at Harvard created the Flourish Model for school wellbeing (Ellyat, 2022). The Flourish Model builds off of Barrett's Seven Levels of Consciousness model, Maslow's hierarchy of needs and systems science to describe flourishing "as a dynamic and highly interconnected process, between the self, others, and the natural world" (Ellyat, 2022, p.5). The Flourish Model's seven aspects of flourishing are depicted in the two following models (Ellyat, 2022, Figures 2 and 3).

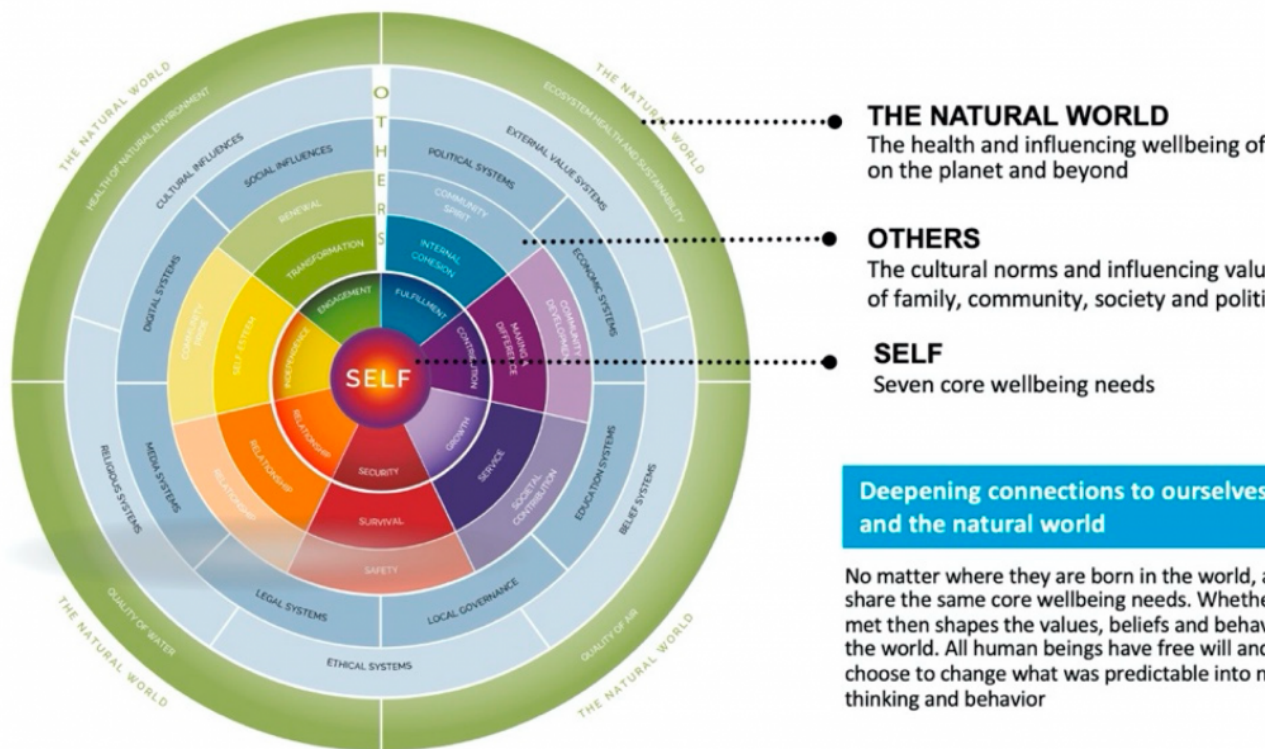


Flourishing consists of...



The Flourish Project has also created a model that shows the interconnection between students, adults and the greater community, similar to Bronfenbrenner's ecological framework introduced previously in this book (Ellyat, 2022, Figure 4).

The Ecological Self



Though this model is still in the early stages of research and evaluation, it is a promising new framework based on the ideas of prominent researchers in the field of positive education. If you are interested in learning more about this model and using it in your school, we recommend that you reach out to the Flourishing Project and visit their website linked [HERE](#).

References:

Ellyat, W. (2022). Education for human flourishing- A new conceptual framework for promoting ecosystemic wellbeing in schools. *Challenges*, 13(2). <https://doi.org/10.3390/challe13020058>



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