

# Foreward

Welcome to *Demystifying Instructional Design: Foundations*. This eBook was created to support a Foundations in Instructional Design and Learning Technology course at the University of Massachusetts Boston. It is designed to introduce you not only the the nuts and bolts of the instructional design process, but to also introduce you to other elements that factor into the design, and both inform your designs and help to make them a reality.

This book supports the creation of an instructional design document (IDD). The primary purpose of an instructional design document is to help you build out and create effective courses. A good instructional design document contains enough information that an knowledgeable other (e.g. someone with similar knowledge of the topic and instructional design skills) can build the course. You can think of the IDD as the blueprint for the course.

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