# Children’s Hope Scale





This hope scale measures children’s hope through their perceptions of their ability to reach their goals, as “children are goal directed and . . . their goal-related thoughts can be understood according to two components: agency and pathways” (Snyder et al., 1997, p. 400). Agency is the ability to work towards a goal, and pathways indicates the capacity to find a way towards the goal. The Children’s Hope Scale has six items on a 6-point Likert scale and is suitable for children ages 8 to 16. It is free and requires only the proper citations to use. It is reliable and valid, having been extensively tested in schools (Snyder et al., 1997).

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| **Pros for Schools** | **Cons for Schools** |
| Wide age range (8-16) Combines with life satisfaction and gratitude measures for a 3-pronged chronological view of wellbeing: gratitude as past oriented, life satisfaction as present oriented, and hope as future oriented. | Available only in English |

### Suggestions for Further Research

RAND. (2018). Children's Hope Scale (CHS). [https://edtechbooks.org/-ftfM](https://www.rand.org/education-and-labor/projects/assessments/tool/1997/childrens-hope-scale-chs.html).

Snyder, C. R., Hoza, B., Pelham, W. E., Rapoff, M., Ware, L., Danovsky, M., Highberger, L., Ribinstein H., & Stahl, K. J. , (1997)[The development and validation of the Children’s Hope Scale,](https://academic.oup.com/jpepsy/article/22/3/399/917485)  Journal of Pediatric Psychology, 22(3), 399–421.

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