# School-Led Interventions for Teachers and Staff

As stated previously, Price and McCallum (2015) discovered that the whole school network, including school environment and relationships with others, plays a significant role in determining the wellbeing of school. As school leaders, we not only want to create a school culture that supports the wellbeing of our students, but one that promotes the wellbeing of our school staff. As reported in the 2021 Teacher Wellbeing Index, a survey completed in the UK, 42% of respondents felt that their school’s culture negatively impacted their wellbeing (Education Support). This first section will address ways that school leaders can create a whole school environment that will promote positive interactions between school staff and leaders, as well as motivate system-wide improvements in wellbeing.

References:

Education Support. (2021). Teacher wellbeing index. Teacher Wellbeing Index: mental health & wellbeing research. Retrieved from <https://www.educationsupport.org.uk/resources/for-organisations/research/teacher-wellbeing-index/>

Price, D., & McCallum, F. (2015). Ecological influences on teachers’ wellbeing and “fitness”. Asia- Pacific Journal of Teacher Education, 43(3), 195–209.

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