

# Forming New Understandings from Self-Study Research

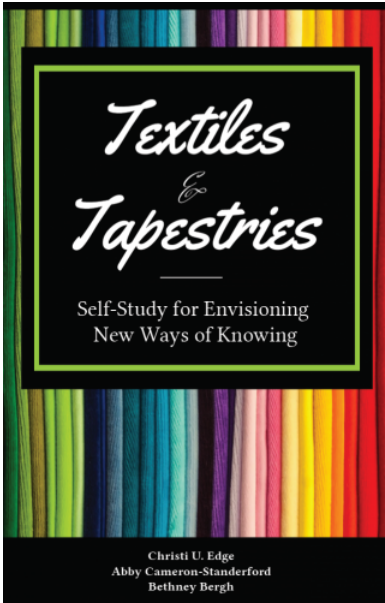
Bethney Bergh

*"Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom."*

*Viktor Frankl*

The chapters in section three delve into the layers upon layers of new understandings constructed through the authors' careful untangling, unfolding, and unstitching of diverse teaching events, professional practices, and personal experiences. It is through this delicate and often difficult process of deconstruction, that we see the authors balancing in spaces of vulnerability, warmth, chaos, and questioning. Within these spaces, containing elements of both challenge and comfort, the authors respond in new ways and come to know the individual components resting before them. The methodological space of self-study research provides the opportunity to imagine, to recognize, and to practice how one might re-fold, re-stitch, and re-tangle the pieces as a means of forming new understandings through self-study research. Collectively, the chapters celebrate the spaces that encourage us to take it all apart, so that we can put it all back

together again, and ultimately, create a new textile carefully stitched with new threads of understanding.



Bergh, B. (2020). Forming New Understandings from Self-Study Research. In C. Edge, A. Cameron-Standerford, & B. Bergh (Eds.), *Textiles and Tapestries*. EdTech Books. Retrieved from [https://edtechbooks.org/textiles\\_tapestries\\_self\\_study/forming\\_new\\_understandings](https://edtechbooks.org/textiles_tapestries_self_study/forming_new_understandings)



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