

Multidimensional Students' Life Satisfaction Scale (MSLSS)

Long & Brief Form



The Multidimensional Students' Life Satisfaction Scale is an extended version of the Students' Life Satisfaction scale mentioned above. It focuses on life satisfaction, but unlike its predecessor it divides satisfaction into different domains: family, friends, school, living environment, and self. The long form of this measurement contains 40 items on a 6-point scale; the brief form has six items. This measurement is free and requires only the proper citation for use. It is appropriate for 8 to 18 year olds.

Pros for Schools

Provides specific measures regarding family, friends, living environment, and school
Includes a long and a brief form
Can be combined with life satisfaction and gratitude measures for a 3-pronged chronological view of wellbeing: gratitude as past oriented, life satisfaction as present oriented, and hope as future oriented.

Cons for Schools

Long form is significantly longer and takes more time to complete

Suggestions for Further Research

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ASSESSING
WELLBEING
IN SCHOOLS

*An Educator's Practical Guide to
Measuring Wellbeing*

MEGAN BATES AND DAVID BOREN



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