

# Student Engagement Instrument (SEI)



Cognitive and psychological engagement is the focus of this instrument, intended for students in Grades 6-12 along with school staff. The first SEI version included 30 items relating to cognitive engagement, how students perceive their school experience; and 26 items relating to psychological engagement, how connected they felt. These 56 questions were grouped into six subscales: Teacher-Student Relationships, Control and Relevance of Schoolwork, Peer Support for Learning, Future Aspirations and Goals, Family Support for Learning, and Extrinsic Motivation. Students answered each item on a 4-point Likert scale (Appleton, Christenson, Kim, & Reschly, 2006). SEI has been recently adapted as a shorter version containing 35 items. It is available through the University of Minnesota as the Engage SEI

online platform.

---

**Pros for Schools**

---

Online Platform  
Has been used with students  
Grades 3-5 and with college  
age students

---

**Cons for Schools**

---

The online version of this survey is  
not yet priced. When it has been, you  
can find the cost [here](#).

---

## **Suggestions for Further Research**

Appleton, J. J., Christenson, S. L., Kim, D., & Reschly, A. L. (2006). [Measuring cognitive and psychological engagement: Validation of the Student Engagement Instrument](#). *Journal of School Psychology, 44*(5), 427-445. <https://doi.org/10.1016/j.jsp.2006.04.002>

RAND. (2018). Student Engagement Instrument (SEI). <https://edtechbooks.org/-RuS>

University of Minnesota. (n.d.). Check & connect Student Engagement Intervention Model: Institute on Community Integration. <https://edtechbooks.org/-cQUp>

ASSESSING  
**WELLBEING**  
IN SCHOOLS

*An Educator's Practical Guide to  
Measuring Wellbeing*

MEGAN BATES AND DAVID BOREN



Bates, M. & Boren, D. M. (2019). *Assessing Wellbeing in Schools*. EdTech Books. Retrieved from <https://edtechbooks.org/wellbeing>



**CC BY-NC:** This work is released under a CC BY-NC license, which means that you are free to do with it as you please as long as you (1) properly attribute it and (2) do not use it for commercial gain.