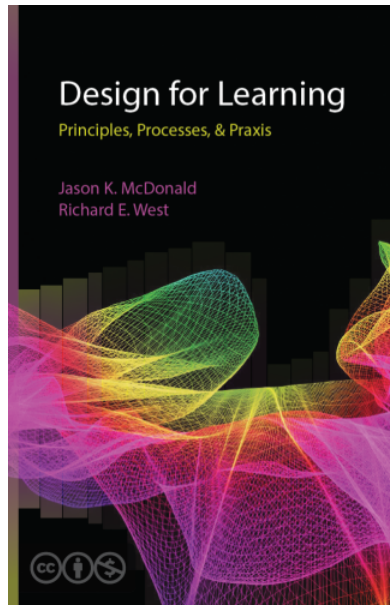


# Understanding

*Understanding* practices are what instructional designers do to understand their learners, the environments in which learners live, work, and learn, and the demands for learning that stakeholders may contribute towards a situation.



McDonald, J. K. & West, R. E. (2021). *Design for Learning: Principles, Processes, and Praxis (1st ed.)*. EdTech Books. <https://edtechbooks.org/id>



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