

# Me and My School Questionnaire (M&MS)



Me and My School Questionnaire is designed to assess emotional and behavioral difficulties in students Ages 8 and older. Its 16 items were specifically designed “so that younger children could easily read and comprehend [them]” (Moffa et al., 2019, p.3). Statements such as “I feel lonely” are rated on a Likert scale (EEF). The questionnaire has been tested in schools across the United States and the UK.

## **Pros for Schools**

Provides an overview of emotional and behavioral aspects of wellbeing

## **Cons for Schools**

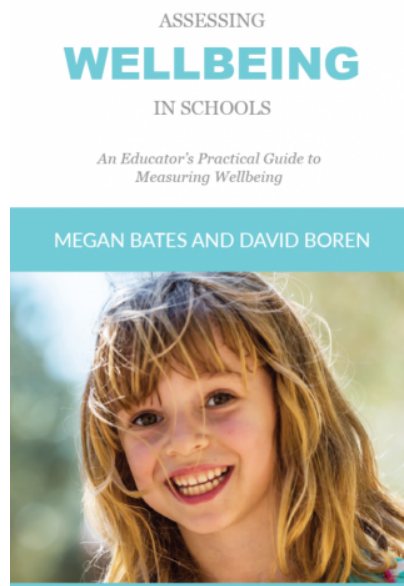
No available translations  
Not yet widely tested

## **Suggestions for Further Research**

EEF. Me and My School Questionnaire: Measures Database. *Education Endowment Foundation*, <https://edtechbooks.org/-gzK>.

Moffa, K, Wagle, R., Dowdy, E., Palikara, O., Castro, S., Dougherty, D., & Furlong, M. J. (2019). [The Me and My School Questionnaire: Examining the cross-cultural validity of a children’s self-report mental health measure](https://edtechbooks.org/-PGj), *International Journal of School & Educational Psychology*, <https://edtechbooks.org/-PGj>

Praveetha, P., Deighton, J., Fonagy, P., Vostanis, P., & Wolpert, M. (2014). [Clinical validity of the Me and My School questionnaire: A self-report mental health measure for children and adolescents](https://edtechbooks.org/-IJBp). *Child and Adolescent Psychiatry and Mental Health*. <https://edtechbooks.org/-IJBp>



Bates, M. & Boren, D. M. (2019). *Assessing Wellbeing in Schools: An Educator's Practical Guide to Measuring Wellbeing*. EdTech Books. Retrieved from <https://edtechbooks.org/wellbeing>



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