

Me and My School Questionnaire (M&MS)



Me and My School Questionnaire is designed to assess emotional and behavioral difficulties in students Ages 8 and older. Its 16 items were specifically designed “so that younger children could easily read and comprehend [them]” (Moffa et al., 2019, p.3). Statements such as “I feel lonely” are rated on a Likert scale (EEF). The questionnaire has been tested in schools across the United States and the UK.

Pros for Schools

Provides an overview of emotional and behavioral aspects of wellbeing

Cons for Schools

No available translations
Not yet widely tested

Suggestions for Further Research

EEF. Me and My School Questionnaire: Measures Database. *Education Endowment Foundation*, <https://edtechbooks.org/-gzK>.

Moffa, K, Wagle, R., Dowdy, E., Palikara, O., Castro, S., Dougherty, D., & Furlong, M. J. (2019). [The Me and My School Questionnaire: Examining the cross-cultural validity of a children’s self-report mental health measure](https://edtechbooks.org/-PGj), *International Journal of School & Educational Psychology*, <https://edtechbooks.org/-PGj>

Praveetha, P., Deighton, J., Fonagy, P., Vostanis, P., & Wolpert, M. (2014). [Clinical validity of the Me and My School questionnaire: A self-report mental health measure for children and adolescents](https://edtechbooks.org/-IJBp). *Child and Adolescent Psychiatry and Mental Health*. <https://edtechbooks.org/-IJBp>

ASSESSING
WELLBEING
IN SCHOOLS

*An Educator's Practical Guide to
Measuring Wellbeing*

MEGAN BATES AND DAVID BOREN



Bates, M. & Boren, D. M. (2019). *Assessing Wellbeing in Schools*. EdTech Books.
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