

# The PedsQL Measurement Model



The PedsQL assesses wellbeing from a clinical perspective across four domains: physical, emotional, social, and school functioning. It includes a model for children Ages 2 to 18 and a separate parent proxy report. It is reliable and valid, and it is responsive to clinical changes over time. It contains 23 items rated on a 0-4 Likert scale by the frequency each statement accurately describes the child's life. The PedsQL can be completed in about 4 minutes. It has been previously used in a sleep and wellbeing intervention for elementary students (Quach, 2011). This questionnaire has been translated into multiple languages, including broadcast Spanish. It is free for non-academic use, which would probably include most school leaders (ePROVIDE, 2019).

## Pros for Schools

Proxy report option

Valid and reliable

Appropriate for Ages 2-18

Available in multiple languages (ePROVIDE, 2019)

Short (23 items/4 items)

No cost

## Cons for Schools

Some translations lack "full linguistic validation process"

## Suggestions for Further Research

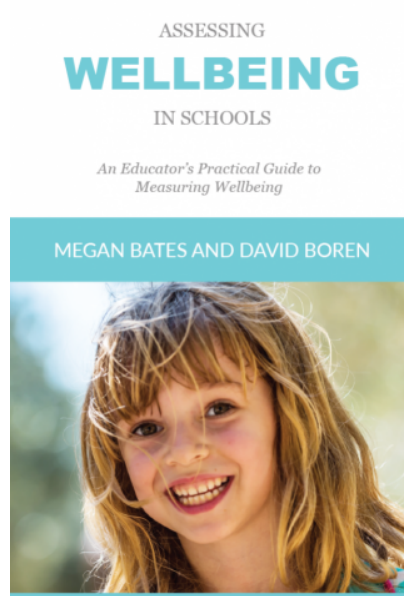
ePROVIDE. (2019, October). Pediatric Quality of Life Inventory™ (PedsQL™).

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Quach, J., Hiscock, H., Ukoumunne, O.C., Wake, M. (2011). A brief sleep intervention improves outcomes in the school entry year: A randomized controlled trial. *Pediatrics, American Academy of Pediatrics*, [pediatrics.aappublications.org/content/128/4/692](https://pediatrics.aappublications.org/content/128/4/692). doi: [10.1542/peds.2011-0409](https://doi.org/10.1542/peds.2011-0409)

Varni, J.W. (1998-2020). About the model. PedsQL™ (Pediatric Quality of Life Inventory™) [www.pedsql.org/about\\_pedsql.html](http://www.pedsql.org/about_pedsql.html)

Varni, J.W. (1998-2020). Limited use license. *PedsQL™ (Pediatric Quality of Life Inventory™)*, [www.pedsql.org/pedsql12.html](http://www.pedsql.org/pedsql12.html)



Bates, M. & Boren, D. M. (2019). *Assessing Wellbeing in Schools: An Educator's Practical Guide to Measuring Wellbeing*. EdTech Books. Retrieved from <https://edtechbooks.org/wellbeing>



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