

The Stirling Children's Well-being Scale (SCWBS)



This wellbeing scale was designed by the Stirling Council of Educational Psychology Service, in the United Kingdom, to assess wellbeing in students Ages 8 to 15. The scale presents 12 positive statements that students rank on a 5-point Likert scale based on the frequency that the statement applies in their life. It has been tested in over 18 schools, and an adapted version has been used in Bangladesh. It is positively worded and focuses on psychological and emotional wellbeing.

Pros for Schools

Provides short and holistic overview of wellbeing

Cons for Schools

Suggestions for Further Research

Haque, M., & Imran, M. (2016). Adaptation of Stirling Children's Well Being Scale (SCWBS) in Bangladesh context. *Bangladesh Journal of Biological Science*, 25, 161-167.

Liddle, I., & Carter, G. F. (2015). Emotional and psychological well-being in children: The development and validation of the Stirling Children's Well-being Scale. *Educational Psychology in Practice*, 31(2), 174-185. <https://doi.org/10.1080/02667363.2015.1008409>

ASSESSING
WELLBEING
IN SCHOOLS

*An Educator's Practical Guide to
Measuring Wellbeing*

MEGAN BATES AND DAVID BOREN



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