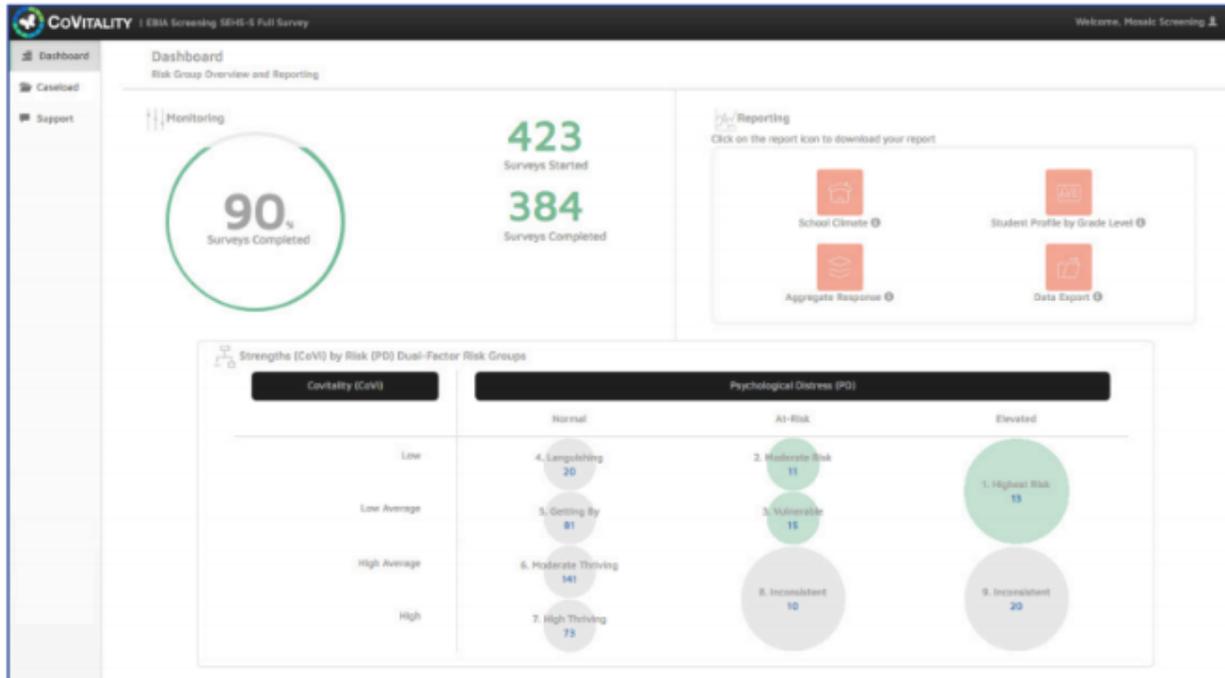


# Social Emotional Health Survey-Primary (SEHS-P)



The SEHS-P has 20 items that measure gratitude, optimism, zest, persistence, and prosocial behavior (Project CoVitality). This survey is appropriate for students in Grades 5-8 and possibly younger. Students respond to each item on a 4-point Likert scale: for example, “I am lucky to go to my school” (Furlong). It is reliable and valid. A version is available specifically for secondary students. This survey can be administered through Mosaic Network Inc.’s CoVitality Screener. Though it requires a substantial purchase, this app allows students to take the survey online and receive results in real time. The screener compiles their responses into an intuitive report that facilitating insights on individual and group wellbeing (see image to the right). All data are secure and comply with HIPAA and FERPA. It also includes additional scales, making it optimal for universal screenings for school well being. To review the SEHS-P, [click here](#).



### Pros for Schools

- 20 items
- Comprehensive view of wellbeing
- Widely tested
- Secondary form allowing for continuity across grades (SEHS-S)
- Associated Covatlity App available through Mosaic Network Inc. (Includes fee)

### Cons for Schools

The CoVitality Screener typically costs \$500 (set up with custom configuration and training fee) and \$1.25 per student

Images in this sections are used with permission by [Mosaic Network Inc.](http://www.mosaicnetworkinc.com/)

### Suggestions for Further Research

Furlong, M. (n.d.). Project CoVitality: Social Emotional Health Survey-Primary. Retrieved December 19, 2018, from <https://edtechbooks.org/-LfG>

Furlong, M. (2016). Project CoVitality. Retrieved from <https://edtechbooks.org/-Pdt>.

Mosaic Network Inc. (n.d.). Covitality. Retrieved from <http://www.covitalityapp.com/>.

Project CoVitality. (n.d.). Measures. Retrieved October 29, 2019, from <https://edtechbooks.org/-AxeQ>.

SEHS System. (n.d.). Social-Emotional Health Survey system. <http://www.sehss.com/>.

For a more complete list of relevant academic articles, [click here](#).

ASSESSING  
**WELLBEING**  
IN SCHOOLS

*An Educator's Practical Guide to  
Measuring Wellbeing*

MEGAN BATES AND DAVID BOREN



Bates, M. & Boren, D. M. (2019). *Assessing Wellbeing in Schools*. EdTech Books.  
Retrieved from <https://edtechbooks.org/wellbeing>



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