

Social Emotional Health Survey- Secondary (SEHS-S)

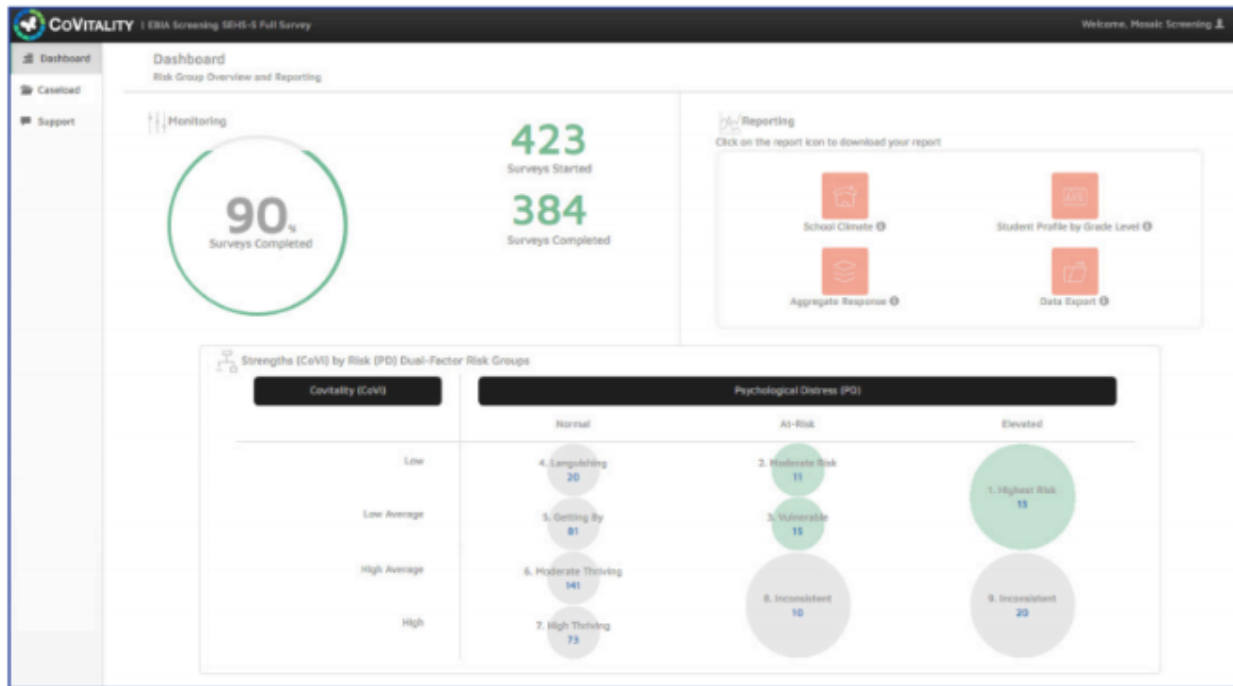


The SEHS-S assesses 12 subscales across four traits: belief-in-self, belief-in others, emotional competence, and engaged living. These 12 subscales include emotional regulation, empathy, self-control, self-efficacy, persistence, self-awareness, optimism, zest, gratitude, family coherence, peer support and school support. It is appropriate for students in Grades 7 to 12. The SEHS-S has 36 self-report items on a 4-point Likert scale: For example, “When I try to solve a math problem, I will not stop until I find a solution,” and “I have a friend my age who really cares about me” (Project CoVitality). This survey has been widely tested across the United States, Australia, Korea, and Japan.

Social-Emotional Health Model



This survey can be administered through Mosaic Network Inc.'s CoVitality Screener. Purchasing this app allows students to take the survey online with results available in real time. The screener compiles students' responses into an intuitive report providing insights into individual and group wellbeing (see image to the right). All data are secure and comply with HIPAA and FERPA. Additional scales make this instrument optimal for universal screenings for school wellbeing.



Pros for Schools

Widely tested
 Comprehensive view of wellbeing
 Measures subscales across several traits
 Primary form enables continuity across grades (SEHS-P)
 Associated Covitality App available through Mosaic Network Inc. (requires fee)

Cons for Schools

CoVitality Screener typical cost of \$500 for set up with custom configuration and training fee, plus \$1.25 per student

Images in this sections are used with permission by [Mosaic Network Inc.](https://www.mosaicnetwork.com/)

Suggestions for Further Research

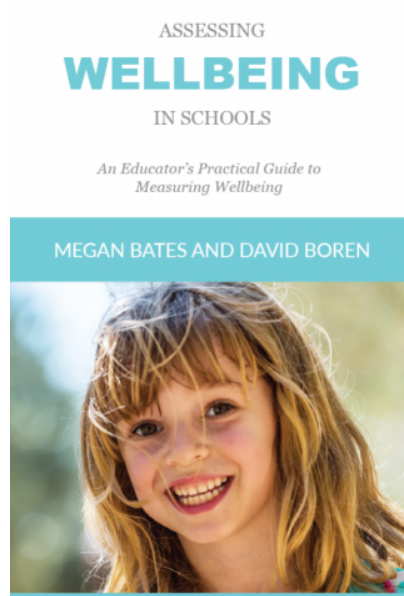
Furlong, M. (n.d.). Project CoVitality: Social Emotional Health Survey-Secondary. <https://edtechbooks.org/-wmUM>

Measuring SEL. (n.d.). Access assessment guide: Social Emotional Health Survey-Secondary. <https://edtechbooks.org/-Mjz>

Mosaic Network Inc. (n.d.). Covitality. <http://www.covitalityapp.com/>.

Project CoVitality. (n.d.). Measures. <https://edtechbooks.org/-AxeQ>.

For a more complete list of relevant academic articles, [click here](#).



Bates, M. & Boren, D. M. (2019). *Assessing Wellbeing in Schools: An Educator's Practical Guide to Measuring Wellbeing*. EdTech Books. Retrieved from <https://edtechbooks.org/wellbeing>



CC BY-NC: This book is released under a CC BY-NC license, which means that you are free to do with it as you please as long as you (1) properly attribute it and (2) do not use it for commercial gain.

