

# The Student Resilience Survey (SRS)



The Student Resilience Survey is recommended by the Child Outcomes Research Consortium, an organization in the United Kingdom dedicated to assessing wellbeing. This survey is part of a packet of various resources available to gather information about the whole child, not just the child's academic performance (Wellbeing Measurement Framework). Its 47 self-report questions, answered on a 5-point Likert scale, are appropriate for any child 7 years or older.

This tool focuses on wellbeing and resilience across 12 subscales: "Communication and cooperation, self-esteem, empathy, problem solving, goals and aspirations, family connection, school connection, community connection, autonomy experience, pro-social peers, meaningful participation in community activity and peer support" (CORC). A study involving 7,663 children across England recorded that "results supported the construct validity of the 10 factors of the scale and provided evidence for acceptable reliability of all the subscales" and that "correlations showed that all the student resilience subscales were negatively associated with mental health difficulties, global subjective distress and impact on health . . . [also that] family connection, self-esteem, problem solving and peer support were negatively associated with all the mental health outcomes" (Lereya et al., 2016). The SRS requires only a citation for use.

## **Pros for Schools Cons for Schools**

27 questions      Measures only wellbeing and resilience  
Valid and reliable      Available only in English

## **Suggestions for Further Research**

CORC. *Wellbeing Measurement Framework*. <https://edtechbooks.org/-opCv>.

Lereya, S. T., Humphrey, N., Patalay, P., Wolpert, M., Böhnke, J. R., Macdougall, A., & Deighton, J. (2016). [The student resilience survey: psychometric validation and associations with mental health](https://doi.org/10.1186/s13034-016-0132-5). *Child and adolescent psychiatry and mental health*, 10, 44. <https://doi.org/10.1186/s13034-016-0132-5>

Sun, J., & Stewart, D. (2007). [Development of population-based resilience measures in the](#)

[primary school setting](#). *Health Education*, 7(6), 575-599.

ASSESSING  
**WELLBEING**  
IN SCHOOLS

*An Educator's Practical Guide to  
Measuring Wellbeing*

MEGAN BATES AND DAVID BOREN



Bates, M. & Boren, D. M. (2019). *Assessing Wellbeing in Schools: An Educator's Practical Guide to Measuring Wellbeing*. EdTech Books. Retrieved from <https://edtechbooks.org/wellbeing>



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