

# Measures of Child Wellbeing at School

## Tools to Measure the Wellbeing of Children and Adolescents at School

Measures are listed from short to long in length of administration (based on the shortest form). Each title is hyperlinked to a corresponding section with more information. All measures are reliable and valid.

### Free Measures of Child Wellbeing in a School Setting



Name of Measure	Intended Participants	Length	Pros	Cons
<a href="#">Children's Hope Scale</a>	8-16 year olds	6 items	Based on Snyder's Hope Theory Extensively tested in schools	Available only in English
<a href="#">Multidimensional Students' Life Satisfaction Scale (MSLSS) (Long &amp; Brief Form)</a>	8-18 year olds	6 items 40 items	Provides specific measures regarding family, friends, living environment, and school Can be combined with hope and gratitude measures to provide a 3-pronged chronological view of wellbeing	

<a href="#">Students' Life Satisfaction Scale (SLSS)</a>	8-18 year olds	7 items	Can be combined with hope and gratitude measures to provide a 3-pronged chronological view of wellbeing	Provides little specific information about school-specific variables.
<a href="#">The Stirling Children's Well-being Scale (SCWBS)</a>	8-15 year olds	12 items	Provides short and holistic overview of wellbeing	Few, if any, available translations
<a href="#">Me and My Feelings (M&amp;MF)</a>	8+ year olds	16 items		No available translations
<a href="#">Me and My School Questionnaire (M&amp;MS)</a>	8+ year olds	16 items	Provides an overview of emotional and behavioral aspects of wellbeing	No available translations Not yet widely tested
<a href="#">Student Subjective Wellbeing Questionnaire (SSWQ)</a>	11-14 year olds	16 items	Provides a short holistic overview of wellbeing Used with Renshaw's <a href="#">Teacher Subjective Wellbeing Questionnaire (TSWQ)</a> can allow for greater continuity across populations	Few, if any, available translations
<a href="#">The Psychological Sense of School Membership (PSSM) (Adapted)</a>	8+ year olds	18 items	Widely used Version specifically adapted for a larger age range of students One adaptation here, but several variations available Multiple translations available	
<a href="#">Social Emotional Health Survey-Primary (SEHS-P)</a>	5-8 graders (and possible younger)	20 items	<a href="#">CoVitality Screener</a> associated through Mosaic Network Inc. Secondary form can allow for continuity across grades (SEHS-S) Widely tested Provides comprehensive view of wellbeing Free without use of the screener Widely tested Provides comprehensive view of wellbeing	CoVitality Screener typically costs \$500 (set up with custom configuration and training fee) and \$1.25 per student

<a href="#">The School Attitude Questionnaire</a>	Children (specifically tested with 11-13 year-olds)	22 items	Provides a general overview of students' attitude with the option to pinpoint specific school strengths	Can be difficult to isolate each specific variable's effect Different dimensions of students' attitudes not evenly distributed
<a href="#">The PedsQL Measurement Model</a>	2-18 year olds	23 items	Has a parent proxy report option Available in multiple languages	Translations may not have "undergone a full linguistic validation process" (ePROVIDE, 2019)
<a href="#">Social Emotional Health Survey-Secondary (SEHS-S)</a>	7-12 graders	36 items	Widely tested Provides comprehensive view of wellbeing <a href="#">CoVitality Screener</a> associated with this measure through Mosaic Network Inc. Primary form can allow continuity across grades (see SEHS-P) Free without use of the screener	The CoVitality Screener typically costs \$500 (set up with custom configuration and training fee) and \$1.25 per student
<a href="#">The Student Resilience Survey (SRS)</a>	7+ year olds	47 items	Widely tested in England Broad view of wellbeing and resilience across 12 subscales	Available only in English

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## Priced Measures of Child Wellbeing in a School Setting



Name of Measure	Intended Participants	Length	Pros	Cons/Price
<a href="#">Holistic Student Assessment (HSA)</a>	3rd-12th graders	30 items or 10 min 61 items or 20 min	Available in 14 languages (more provided upon request) Scores compared to national norms Scores returned in a secure, dynamic dashboard (can be aggregated for different populations) Scores returned within a week of administration Valid and reliable Has student and staff module	Fee charged by the developer for use.
<a href="#">Flourishing at School Survey (FAS)</a>	Students and staff	62 questions or 30 minutes	Tested with over 7,500 students Interprets and returns results in an online dynamic dashboard (can be aggregated for different populations)	Approximately \$2500 base rate (includes 50 faculty accounts), \$5 per student, and \$50 for every additional faculty account

ASSESSING  
**WELLBEING**  
IN SCHOOLS

*An Educator's Practical Guide to  
Measuring Wellbeing*

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Bates, M. & Boren, D. M. (2019). *Assessing Wellbeing in Schools*. EdTech Books.  
Retrieved from <https://edtechbooks.org/wellbeing>



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